

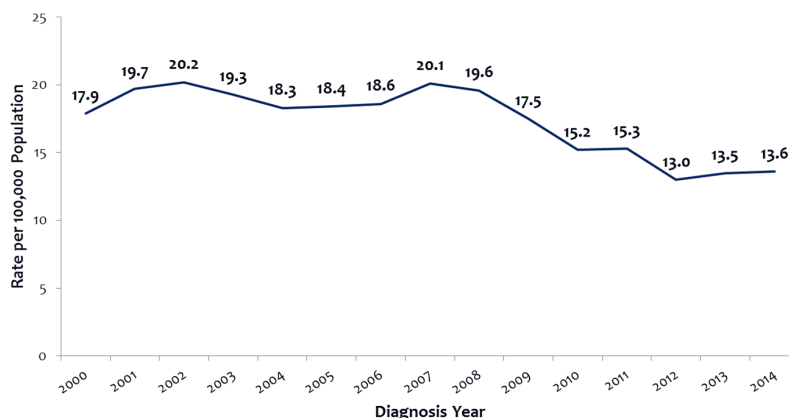
HIV Infections in North Carolina Reported HIV Case Data, 2014

Overall newly diagnosed HIV infection rate has remained stable over the past few years

In 2014:

- 28,526 people diagnosed and living with HIV infection in North Carolina
- 1,351 newly diagnosed HIV infections in North Carolina
- An estimated 36,700 people are living with HIV or AIDS in North Carolina. Of this number, an estimated 4,900 persons are unaware that they are infected.

North Carolina Newly Diagnosed HIV Infection Rates



New HIV infections occur in different groups among men and women.

2014 HIV in Men:

- Nearly 40% were young men (aged 13 to 29)
- 64% were men who report sex with men (MSM)
- 22% were diagnosed with AIDS within 6 months of their HIV diagnosis



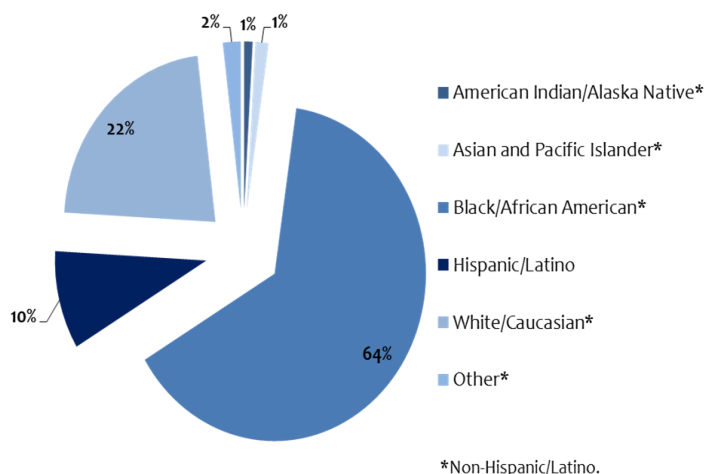
2014 HIV in Women:

- Nearly 50% were women over the age of 40
- 36% were exposed through heterosexual contact
- 19% were diagnosed with AIDS within 6 months of their HIV diagnosis



Almost two-thirds of all new HIV infections are among Black/African Americans.

Infection rates are related to poverty, as well as race/ethnicity. HIV rates are higher in low-income areas (CDC 2010), and Black/African American and Hispanic/Latinos are more likely to live in these areas.



Want More Information?

HIV/STD Facts and Figures web site:

<http://epi.publichealth.nc.gov/cd/stds/figures.html>

Centers for Disease Control and Prevention Fact Sheets on HIV:

<http://www.cdc.gov/hiv/library/factsheets/index.html>

Data Source:

enhanced HIV/AIDS Reporting System (eHARS) (data as of June 25, 2015) and Medical Monitoring Project (MMP) weighted data (data as of September 18, 2015).

Contact Us

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Created by the HIV/STD Surveillance Unit
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HIV Infections in North Carolina

Reported HIV Case Data, 2014

What is North Carolina doing to decrease HIV infection?

- North Carolina provides funds for HIV testing. Almost 210,000 HIV tests were conducted at the North Carolina State Laboratory of Public Health (SLPH) in 2014. Of those, 491 (0.2%) individuals were newly positive. Testing at the SLPH detects about one-third of new North Carolina HIV cases each year.
- North Carolina funds evidence-based risk reduction programs. Over 1,800 HIV positives or high-risk negative people participated in seven different programs.
- State bridge counselors actively look for people who have been identified as out-of-care and offer assistance in addressing barriers to care to facilitate re-engagement into care.
- Nationally, clinicians are helping people at high risk of acquiring HIV (like people with more than one sex partner) by offering pre-exposure prophylaxis (PrEP); see the side bar for North Carolina links.

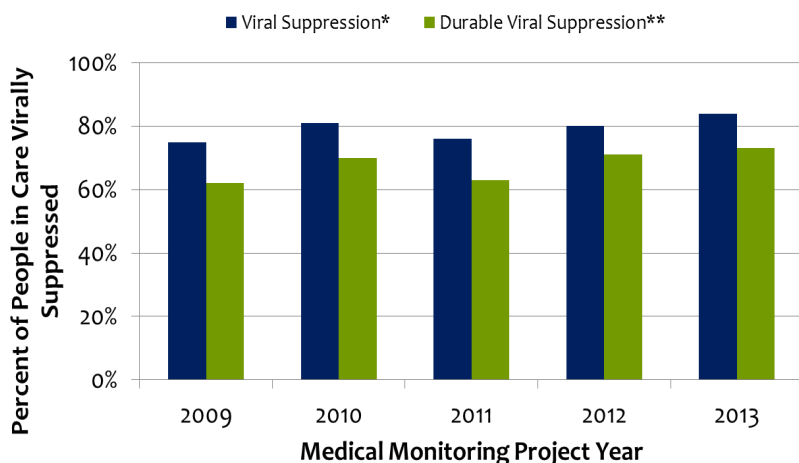


What CLINICIANS can do

If you are sexually active, you should get tested for sexually transmitted diseases (STDs) regularly.

If you are a care provider, ensure that you receive regular cultural competency training (resources in sidebar).

Viral Suppression for those in HIV care



In HIV care settings, 84% of patients were estimated to be virally suppressed in 2013, based on their most recent viral load test.

In 2013, 73% of all patients were virally suppressed for 12 months (all viral load values are less than 200 copies/μL, known as durable suppression).

*Recent viral load test is less than 200 copies/μL.

**All viral load tests in last 12 months are less than 200 copies/μL.

What YOU can do

If you have HIV, get treatment: you deserve the longest and happiest life you can have!

For help, see the AIDS Drug Assistance Program (ADAP) resources in the side bar.

Recommendations from the CDC 2015 STD Treatment Guidelines:

- In HIV care settings, patients should be screened for syphilis every 3 to 4 months if sexually active and every year at a minimum.

For information about Pre-exposure prophylaxis (PrEP) and a map of North Carolina PrEP providers:

<https://www.med.unc.edu/ncaidstraining/prep/PrEP-for-consumers>

Cultural Competency (C3) Trainings and Information on Care and Prevention in the United States (CAPUS) in North Carolina web site:

<http://www.med.unc.edu/ncaidstraining/capus>

ADAP web site:

<http://epi.publichealth.nc.gov/cd/hiv/program.html>

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